6th June 2015 Seek out the hero (All Saints)

I'm reminded of the song "search for the hero inside yourself" by M People. Some Christian families today celebrate the festival of All Saints, people who in history have been witnesses to faith, justice and freedom; we could call them Christian heroes.

We all have heroes, someone we admire or follow. Someone who has been an influence on our lives; it might be a family member; a teacher; a religious leader; celebrity or whoever; but that person we look up to for inspiration, and guidance.

Well today in thinking of those in the past its good to remember what M people sang. Search out the hero each one of us has inside. The influence we can give and the difference we can make by simple walking the way of freedom, justice and dignity for all. After all you don't need to make millions to influence others a good heart is all it takes. In the words of Time, the musical of some years ago: "if you really want to change the world my friend, change your thinking". Let's do that, and seek out the hero inside our hearts.

This is Fr Francis Parkinson, from the Catholic parishes of St Brendan, St Columba and St John, Bolton